



One of Dr. Samuel Boles' favorite parts of his job is educating his patients. A board-certified ophthalmologist, Dr. Boles is passionate about not only helping his patients treat their glaucoma and cataracts, but also educating them and their families regarding prevention and treatment.

"When you give people that knowledge and power, it gives them the ability to take part in their care," says Dr. Boles. "Patients are more likely to comply with their therapy if they know what you're asking them to do and why you're asking them to do it. It's important to me to help my patients understand the importance of taking care of themselves."

As one of Maryland's top ophthalmic surgeons with a subspecialty in cataract and glaucoma disease, Dr. Boles leads the Anne Arundel Eye Center, a state-of-the-art treatment center offering complete ophthalmic exams as well as diagnostic pre- and post-surgical eye care. Staffed by caring and knowledgeable professionals, Anne Arundel Eye Center is dedicated to making the best eye care accessible to everyone.

"I love working with my colleagues and staff, and I enjoy educating my staff," says Dr. Boles. "An educated staff is better able to educate the patients. I bring ideas to them. They bring ideas to me. We learn things from our patients, and we pass on what we learn from other patients' successes."

Dr. Boles received his medical degree from the Medical College of Georgia and completed his post-doctoral training at Harvard, Yale and George Washington University. He founded the Glaucoma Co-Management Roundtable to improve patient care through better communication and education. As an active volunteer in the community, Dr. Boles has provided free eye exams and surgeries, as well as free glaucoma screenings with The Polakoff Foundation, where he is a member of the Board of Directors.

Dr. Boles chose to specialize in glaucoma and cataract care because of the overwhelming need. More than 3 million Americans have glaucoma and half are unaware that they have it, while cataracts are the leading cause of visual loss in adults 65 and older. He works in partnership with other medical specialists, physicians and eye doctors to ensure that his patients have access to quality eye and medical care, in order to ensure the best possible outcomes.

"Most of the time, the earlier we see someone the more likely we are to be able to help without major intervention," says Dr. Boles. "It's really fun to make people's vision better. What can be better than that?"



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